

Special points of interest:

- New Resident Physicians Questions for next Newsletter
- Disease Update What You Would Like to See in the Newsletter
- Billing Question Featured New Resident



JULY, 2004

*Carolyn
Abrahamson*

RACINE FAMILY PRACTICE CLINIC & RESIDENCY PROGRAM 262/687-5600

The Practice Pipeline

1320 Wisconsin Ave., Racine, WI 53403

Patient Communication Newsletter

Quote: "The greatest mistake a person can make is to sacrifice health for any other advantage."

A. Schopenhauer

Did you know? There are six new residents every year. This year there will be eight. Two 2nd year residents and six 1st year residents who will start their residency on July 1, 2004.

NEW RESIDENTS

PGY-1

Dr. Robert Fishman

Dr. Goran Jankovic

Dr. Shreyas Rana

Dr. Javier Rios

Dr. Michelle Misch

(Starts 10/1/04)

Dr. Joyce Chang

(starts 11/1/04)

PGY-2

Dr. David Calderwood

Dr. Christopher Cataldi



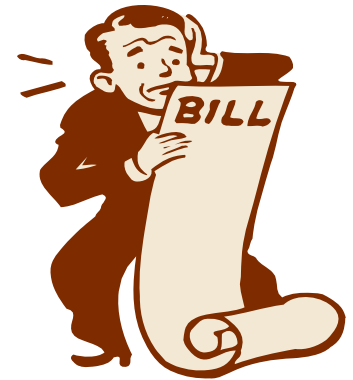
Picture team cards will be available in July.

Ask the receptionist if you would like a copy.

What is a Resident?

A resident is a doctor who has graduated from medical school and has decided to specialize in family medicine. It takes 3 extra years of training after medical school to specialize as a family doctor. The Racine Family Practice Center Clinic is the main training location for the Racine Family Practice Residency. The program is affiliated with All Saints Healthcare and the Medical College of Wisconsin. Each resident receives training and supervision from teaching doctors called faculty. One of the faculty may see you in addition to the resident during your visit.

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Please list any questions or what topics you would like to see in the next newsletter on the attached page and turn it into the receptionist.



BILLING CORNER

Most Often Asked Question: "Why do I get two bills?"

Answer: Our clinic uses two billing services, which means that you will receive two statements for each visit to the clinic. Professional charges that are for the doctor portion of your visit are billed from the Medical College of Wisconsin. Technical charges such as a facility fee, laboratory testing, nursing services, medication or medical supplies are billed from All Saints Healthcare.

Questions about your balance or concerns regarding these bills should be made directly to these organizations.

Medical College of Wisconsin: 1-800-242-1649

All Saints Billing: 262/687-8800.

We may be able to help you with some questions in the clinic at 687-5605.

Test Kitchen of Life

A young woman was complaining to her father about how difficult her life had become. He said nothing, but took her to the kitchen and set 3 pans of water boiling. To the first pan, he added carrots; to the second, eggs; and to the third, ground coffee. After all three had cooked, he put their contents into separate bowls and asked his daughter to cut into the eggs and carrots and smell the coffee. "What does this all mean?" she asked impatiently.

"Each food," he said, "teaches us something about facing adversity, as represented by the boiling water." The carrot went in hard but came out soft and weak. The eggs went in fragile but came out hardened. The coffee, however, changed the water to something better.

"Which will you be like as you face life?" he asked. Will you give up, become hard—or transform adversity in triumph? As "chef" of your own life, what will you bring to the table?



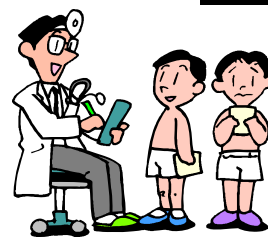
Medical Students at Racine Family Practice Clinic

Did You Know?: Every month there are medical students from various medical schools that follow/observe the resident doctors who provide healthcare for you.

In the month of June, Anand Patani, Seema Madan, Kavita Naik and Jared Lake will be following and observing the resident doctors as they see patients (with your permission, of course). This allows the

medical student to be prepared and educated in seeing the patient when they become a resident doctor.

This month's students are all attending The Medical College of Wisconsin in Milwaukee.



Did you know that school physicals are done at RFPC?



Don't forget at the end of summer to make your appointment for your flu shot in October or November.

Disease Update

Diabetes

What is it? Diabetes is a life-long disease in which your body has difficulty changing the food you eat into the energy you need. Insulin is a hormone in your body that makes energy from the sugar in your food. When you have diabetes, your body may not produce enough insulin, or may not respond to its own insulin. This causes the level of sugar in your blood to become higher than normal.

What it does to your body:

High sugar levels in the body can harm the circulatory system and nerves. This can create serious health problems with your heart, eyes, kidneys, feet, legs, and nerves. Complications

from uncontrolled diabetes include heart attack, kidney disease, blindness, slow healing of wounds, and leg pain/numbness.

What You Can Do to Control It:

Diabetes is a balance between the foods you eat, how active you are, and any medicine you take. You can learn to manage your diabetes with your health care team through education on blood sugar monitoring, meal planning, weight management and physical activity, and proper use of medications.

What Medications Might a Diabetic Take:

Diabetes can be treated by taking pills and/or injecting insulin to help keep your blood sugar where it needs to be. There are many kinds of pills for diabetes. They do not all work the same way. Your doctor will choose a single pill or a combination of pills that will work best for you. The names of some of the most common pills used for diabetes are: sluburide, glipizide, Amaryl®, Prandin®, Precose®, Glyset®, Starlix®, Metformin, Avandia®, and

Actos®. Your doctor, pharmacist, or diabetes educator can help you learn more about how your medicines work, the best way to take them, and how to minimize possible side effects
Beth Musil

Faculty Pharmacist

PROFILE

This month's profile is on **Dr. Goran Jankovic**, incoming 1st year resident.

Dr. Jankovic is from Kenosha and has an undergraduate BS degree in Chemistry from the University of Wisconsin—Parkside and graduated from DesMoines University Osteopathic Medical Center—May 2004.

He did volunteer work at DesMoines City Marathon and underserved community. He also conducted middle school student physicals and worked in the Kenosha Memorial Hospital Emergency Department. He is fluent in Serbo-Croatian or Bosnian.

He is married with one daughter. Personal Interests: Skiing, mountain biking, martial arts, soccer, and world travel.